## BE ALPHA





JUST SAXM

AND WE'LL TAKE CARE OF THE REST!

ORIGINALITY
NATURE
SUSTAINABILITY
AUTHENTICITY
TRUST



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With her proven experience and training as a coach, Isabelle Baret, via Be Alpha, offers ecology-related teambuilding for groups of between 6 and 200 participants. Four packages are currently on offer that encourage interaction between colleagues while raising your awareness of environmental protection.

You can take part in a blindfold challenge guided by your colleague, learn about the health benefits of trees, use creation with the elements of nature as a vector of communication or observe the forest to gain a better understanding of this natural environment.





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