



- ✓ ORIGINALITY
- ✓ NATURE
- ✓ SUSTAINABILITY
- ✓ AUTHENTICITY
- ✓ TRUST





With her proven experience and training as a coach, Isabelle Baret, via Be Alpha, offers ecology-related teambuilding for groups of between 6 and 200 participants. Four packages are currently on offer that encourage interaction between colleagues while raising your awareness of environmental protection.

You can take part in a blindfold challenge guided by your colleague, learn about the health benefits of trees, use creation with the elements of nature as a vector of communication or observe the forest to gain a better understanding of this natural environment.

